

VOICE OF THE RESIDENTS

VOL. XXX, No. 7

BROADMEAD, COCKEYSVILLE, MD.

March 2009

BROADMEAD AND THE ECONOMY

Editor's note: Following is an open letter to the Residents of Broadmead that is signed by:

John Michener, Chairman, Broadmead Board of Trustees;

Rich Compton, Chief Executive Officer, Broadmead

Bob Davies, President, Broadmead Residents Association

We think it is important for residents to know about Broadmead's continuing strength. Broadmead is having a good year financially with the exception of its investments. Through midyear it is \$250,000 ahead on income and \$164,000 under in expenses. This is a positive bottom line of over \$400,000 in those areas over which Broadmead has control. This reflects that **Broadmead is already doing a good job in cash management.** Investment performance, however, has offset those operational gains, but the unrealized investment loss is a bookkeeping entry that has not impacted Broadmead's operations.

Broadmead budgeted this year for an occupancy level of 95% which is one to two percent below its historical average. Current occupancy remains at about that level in the clusters with the exception of Cluster W which is not filling as rapidly as expected since people are having difficulty in selling homes or wish to wait in hopes that house values will rise. However, Cluster W is not included in this year's operating budget so its vacancies, although reflected in the current vacancy rate, are not adversely affecting operations. Six Stony Run Hall units are currently not producing revenue but this is not a result of the current economic situation so Broadmead anticipates they will be filled within a reasonable time. Broadmead's continuing success in maintaining occupancy in its garden apartments, excluding just opened Cluster W, at a level far beyond comparable institutions is not diminished by the fact that, due to the situations with Cluster W and in Stony Run Hall, Broadmead's overall occupancy rate is 94%, a level still envied by other institutions.

However, it is prudent in view of the current economic situation for Broadmead to conserve its assets while also maximizing net income from operations.

Turning first to conservation of assets, the

Trustees have already approved a rethinking of the campus master plan and the timing of its implementation. The Administration is delaying about \$200,000 in capital expenses and the Broadmead Executive Leadership Team (BELT) recently met in a retreat format to develop short- and long-range plans for further conservation of assets.

With regard to maximizing net income from operations, we have already noted Broadmead's continued record of holding down costs. Broadmead has not and does not intend to lay off any staff but has reduced its reliance on "Registry" staff in the health center. The Administration, with input both from staff and from BRA, has been working to find additional ways beyond those already implemented to reduce expenditures without sacrificing the quality of services Broadmead provides.

But initiatives to conserve our assets and reduce our expenditures do not address the opportunities to increase Broadmead's income flow. Broadmead has requested approval from the Department of Aging for an "incremental entrance fee" payment structure that would spread over time the financial cost of entering Broadmead. Broadmead is also open as in the past to "bridge loans." The new Telephone System (BT&T) is creating a new source of revenue for Broadmead while saving individual residents money on their phone bills. Broadmead is increasing the number of Per Diem patients on Hallowell Hall and has extended an offer to people on the waiting list to get their medical care in the Outpatient Clinic. Broadmead also has a new (Master's Trained) leadership team in place to help us face the difficulties of the future.

An additional way to add to income is through new and creative steps to increase occupancy and the resulting monthly fee payments. Broadmead residents are playing *(continued on page 2)*

VOICE of the RESIDENTS

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(continued from page 1) a major rôle in this effort. Malcolm Sherman has met with Rich Compton and Brenda Becker to share his ideas on ways to increase the impact of Broadmead's marketing program; one of the results of these discussions has been the retention of a certified real estate consultant to work with homeowners who are on the Broadmead Ready List so that Broadmead can determine if it can assist them in the sale of their homes.

Another resident initiative, as "ambassadors" to prospective residents, attempts to change their primary focus from the cost of moving to Broadmead to the far greater advantages of doing so. For years, many residents have freely given of their time to lead personal tours and answer questions for prospective residents, pointing out the many benefits of living at Broadmead, and endorsing the quality of life and medical care enjoyed by residents. Continued efforts in this regard can only strengthen Broadmead's marketing and admissions efforts.

Broadmead has long talked about how its success is based on a three-legged stool, the combined contributions of the Board of Trustees, the Broadmead Residents Association, and the Administration. The facts in this report show how this tripartite interactive relationship is even more important for Broadmead as this country deals with its worsening economic crisis.

NEWLY ARRIVED RESIDENTS

Agnes Montalbano	B-5
Moncure & Edwina Lyon	F-7
Ben Villalobos	Q-11
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Tom & Marilyn Nuttle	W-7

MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Bruce & Beth Murdock	D-3	S-102
Elsa Lundgren	S-107	T-313

LENTEN PROGRAM

The Reverend Kingsley Smith
Will lead us in a study and discussion of
"Paul's Letter to the Philippians".

March 6th, 13th, 20th and 27th
10:30 – 11:30 a.m. in the Fireplace Room.

All are Welcome

IN MEMORIAM

William E. Toland
December 14, 1932 February 15, 2009

Elizabeth R. Elgin
September 3, 1916 February 17, 2009

JONAS RAPPEPORT:

Founding Father of the AMERICAN ACADEMY OF PSYCHIATRY and the LAW

By Malcolm Sherman

In Seattle in October 2008, the founding father of the American Academy of Psychiatry and the Law (AAPL), Jonas R. Rappeport, received the Seymour Pollack Distinguished Achievement Award in recognition of his contributions to the teaching and educational functions of psychiatry.

He had trained 39 fellows, testified in 20 jurisdictions, written 16 book chapters, authored 33 publications and edited two books including *THE MENTAL HEALTH PROFESSIONAL AND THE LEGAL SYSTEM*.

As he received the award he mentioned his beloved wife, Joan, of blessed memory. The audience had broken into an ovation, and now he yearned to have Joan with him.

Growing up in Baltimore, as a teenager he babysat for the noted Manfred Guttmacher, a forensic psychiatrist and chief medical officer for Baltimore City's Supreme Bench.

Years later, as a newly minted psychiatrist, Dr. Guttmacher invited Jonas to sit in on discussions of psychiatry with Karl Menninger, Henry Davidson and others.

In 1967, following Dr. Guttmacher's death, Jonas succeeded him as Chief Medical Officer for the Supreme Bench in Baltimore City.

Dr. Rappeport served as President of the Maryland Psychiatric Society. He wrote and advocated the passage of a psychiatrist-patient privileged communications statute in Maryland.

Nationally he consulted on major forensic psychiatry cases including the attempted assassination case of Arthur Bremer on Presidential candidate George Wallace; the Sarah Jane Moore attack of President Ford; John Hinckley's attempted assassination of President Reagan; and John DuPont's murder of wrestler David Schultz.

Jonas mentioned the characteristics of those

who attempted assassinations. "They were frustrated, unhappy, yearning for attention. They fantasized. They were creeps."

At Broadmead Jonas works in the woodshop and is a member of the Open Forum and Adventures in Learning committees. He served as Chairman of the nominating committee for two years. He holds discussions with us after the showing of a movie. At times we try to engage him in psychiatric advice and

he tells us "go see a doctor." With his friend, Alma, he hikes the outdoor trails, and together they go fishing in Southern Maryland. He has a great love for the three children he and Joan have and their four grandchildren.

Phillip Resnick, a past President of the AAPL views Dr. Rappeport "as a warm, open and supportive mentor with a most remarkable quality of graciousness and inclusiveness." Quoting Ralph Waldo Emerson, "that every institution is the lengthened shadow of one man",

Resnick states, "Jonas Rappeport has cast a long shadow indeed."



ADVENTURES IN LEARNING

By Nancy Allchin

**In the Auditorium
Wednesdays at 10:30 a.m.**

**Irvine Nature Center
presents:**

March 11th - **Wildflowers of Maryland**
March 18th - **Gardening for Birds**
March 25th - **Wild Animal Survival**
April 8th - **Bus trip to Irvine
NatureCenter
(9:30 a.m. - 12:30 p.m.)**

UNDERSTANDING THE LIVER

By Ted Wilson

On January 24 at the Men's Saturday Social Hours, Dr. Frank Iber recounted his 55-year experience dealing with the diseases of the largest internal organ and metabolic factory called the liver. His interest began when he was a medical student at Johns Hopkins and his research and teaching flourished at Johns Hopkins, Boston's Tufts Medical School, the University of Maryland, and Loyola in Chicago. At times he would be the team leader of as many as 500 physicians and scientists as they sought answers as to how best to deal with diseases of the liver.

A common ailment in both Baltimore and Boston was alcoholic hepatitis, which, left untreated, could lead to fatal cirrhosis. It was not helpful merely to say that it was the "sinful drinker's fault." Medical detoxification and encouragement to stop drinking, often with the help of Alcoholics Anonymous, were more beneficial methods. Attention also needed to be paid to improved nutrition.

There were also rare inherited storage diseases of the liver being studied and treated, such as those involving copper and iron metabolism. Copper also had the danger of causing brain damage and the development of bizarre, uncontrollable motions of the extremities.

Obesity may lead to liver malfunction and the development of bariatric surgery was of great interest to Dr. Iber. The early operations by-passed most of the small intestine and led to severe metabolic problems, but current procedures are quite safe and successful in helping a variety of organ systems as well as the liver.

At the University of Maryland Dr. Iber was involved in developing vaccines to prevent the spread of Hepatitis B, not only in the population of gay men but among dentists and physicians who were at risk of having the virus enter the body through small breaks in the skin as infected patients were being treated. In Chicago he helped develop drugs which proved useful in curing Hepatitis C.

Dr. Iber helped bring effective and safe liver biopsy methods to the medical profession and promoted the use of ultrasound in the examination of the liver and other internal organs. This technique proved especially helpful in the study of the liver's

bile ducts and the gallbladder.

When liver diseases become advanced there is much scarring called cirrhosis which greatly reduces normal liver function and causes the development of esophageal varices which become fragile and bleed dangerously. Surgeons have devised means of reducing the pressure in these engorged veins. When the liver is fatally damaged, there is the possibility of liver transplantation, a technically difficult operation, but one that offers real hope.

After the talk, Dr. Iber fielded a number of questions, some of which dealt with the tropical parasitic diseases seen in third-world countries but which rarely attack the liver in ours.

CONSERVATION

By Bob Morrison

Recycling saves energy, conserves natural resources, creates jobs, saves landfill space, reduces pollution and brings revenue to the county -- all worthwhile results and worth our attention. As a reminder, here is an up-date on PLASTIC BAGS.

Recycle: Grocery bags, retail bags (hard plastic and string handles removed), paper towel and toilet paper plastic wrap, newspaper bags, dry cleaning bags. All clean bags labeled #2 or #3. Please recycle only plastic bags that are clean and dry, and remove receipts. All of these items should be placed in the plastic bag hanging on the door of the recycle/trash shed.

Do not recycle: Food wrap or cling wrap, prepackaged food bags or frozen food bags, film that has been painted or has excessive glue, or bags with draw strings.

FEB. 2009

By Lucille Brandt

The time has come for me to say
"Yes, I will write a poem today."
And all my friends can now rejoice
If it is published in *The Voice*.

For weeks my mind's been on vacation.
It's been a blank, without cessation.
But, as I write these words, today
"I hope that it is here to stay."

SCOTCH WHISKEY

By Colin MacLachlan

After touring the battlefield at Culloden Moor, we struck out for Inverness, arriving at the Station Hotel shortly before three. Jan opted for a nap while I, still charged from the visit to the ground where my forebears fought and died in '45, decided to take a walk through the Town of Inverness, once the capital of the Highlands and now a quaint Scottish village. To make the tour more productive I determined to track down a bottle of fine, single malt scotch whiskey as a present for my father. Asking directions of the first tweedy gentleman I met resulted in my standing before a drab shop midway down a cobble-stoned alley. A sign above the shop's door, announced in large brass letters: "Alexander MacDonald & Son." Still no clue to the contents therein or proffered by the spiritless collection of curios - largely antique coin banks - in the shop's display window. Undeterred, I opened the shop door and peered into a darkened room.

From the depths of it came the soft, Scots voice of Margaret Doherty. "Would you be wanting something to drink?" she asked. When I replied in the affirmative Margaret asked what I had in mind. Did I want strong or weak drink? - "Hock or whiskey?" were her words. Such was my initial exposure to a lady who described herself as the only old maid in north Scotland with five dependents (her brother, Edward, and his four sons). As my eyes gradually adjusted to the low light level in the store, I took in a scene of some disarray -- boxes unopened, boxes opened with packing straw cascading out of them, empty bottles, wine bottles, scotch bottles -- and seated on a packing crate in the midst of this disarray was a dowdy, grey-haired round-faced, chin-whiskered lady of 80 or more dressed in a shooting jacket, tartan skirt and Argyll knee socks. I outlined the purpose of my call and Margaret, in response, picked out a quart-size scotch bottle and filled it from an oak cask which lacked any measuring devices, explaining as she capped the bottle that it was a gift to a fellow Scot since at the moment she was disputing a government's claim for back taxes and couldn't sell even a "wee dram". Later my father prized the scotch above all others and only shared it with mother, with whom he drank it in thimble-fulls. Margaret offered me a choice among five labels, ap-

plied the one I selected, put the bottle in a rumpled brown paper bag and handed it to me. By then I knew that brother Edward once had a play produced in London's East End, that he would enjoy meeting my actress wife, and that cocktails would be served at her "typical Scot's home" at 7 "sharp". On that cautionary note Margaret popped into an ancient Humber and vanished. The 'typical Scot's home' turned out to be a stone mansion complete with chapel where Mass was served every Sunday, a tennis court, where no one had served in ages, and a Van Dyke above the fireplace in the lounge. As we were leaving for dinner after sherry and biscuits, Margaret mounted a rickety ladder in the garden to snip off one of her mother's favorite trailing roses for Jan. The dinner which followed was my treat. At it we discussed Stevenson's "Kidnapped", and Margaret volunteered to produce the current Laird of Shaws for a breakfast meeting - should I wish to make his acquaintance. I heard from Margaret only once after that when she apparently ran afoul of the authorities again and needed to peddle some truly fine malt whiskey in a hurry. I gave her the name of a family once famous for bootlegging. I also gave her the name of the son-in-law who now ran the family business and asked her to call if she needed further help. I am still awaiting her call.

JANUARY 20, 2009

By Carolyn T. Underwood

The secret service
escort the Presidential limousine
in January's bitter cold and wind,
ignoring their own open coats, hatless.

The car crawls up Pennsylvania Avenue,
men on each side, front and back
shepherding it and its occupants.

Slowly, with measured beat,
they tread the two miles,
their eyes intent on the crowd.

Their job: to protect with their own bodies
this their new Leader,
the tall, skinny man from Illinois.

DOWN THE SLIPPERY SLOPE

By Sally Bloomer

How would you like to be Dr Adams, a 58 year old researcher who studies avalanches from a small shack on a steep slope in the mountains of Montana? A fellow researcher goes up the slope to ignite a two pound bomb that sets off an avalanche. As the wall of snow rumbles around and over his shack, Dr Adams, bundled up against the cold, watches his laptop record information on velocity, depth, flow and temperature. He estimates he has survived dozens of self-inflicted avalanches.

Imagine how cozy it must be to sit in your little hut and hear the snow pounding down on your head around and over the shack! Snow layers are the key to predicting avalanches. Snow layers vary in composition and strength. The weakest layers are composed of faceted crystals that are unbonded to each other almost like ball bearings. Strong layers have stronger bonds between crystals. When something causes the weak layers, usually less than an inch thick to give way, the stronger layers go with it. Even skiers at low altitudes can set off an avalanche.

Can you imagine an avalanche of snow crashing down the ridge and burying the main Broadmead building? (Never mind the trees; just pretend!) Dr. Adams' interest in avalanches was aroused when he was a ski bum and bartender at a ski resort in Utah. The lodge he was working in got hit by an avalanche and took a whole wing out and blew cars from the parking lot.

Not on our ridge? Of course not. Last week, however, our ridge was covered with a thick layer of crusty snow which in two days had solidified into a sheet of crusty ice. As I was walking the perimeter road the weather was warming up and the head of the Dogwood Trail looked enticing, -- thawed and bare where the sun had hit. I had my ski pole which must have increased my confidence. Up I went with little trouble as long as I used my pole and dug my boots into the crust. The higher I went the crustier it got. On the sides of the trail where there were piles of leaves it was easier to dig in. Past the summer house the path got steeper and the leafy spaces less helpful. I decided to turn around, but the return path looked too steep to go back down. Up ahead was the Beech Trail leading back down to the split rail fence, the

road, and safety. What to do? The Beech Trail with its sheet of ice looked like a faster and less dangerous way back. Down I sat, prepared to slide with ease.

Down the slippery slope I went, on my bottom. But it wasn't clear sliding down this slippery slope. The proverbial slippery slope will take you down dangerously fast and cause trouble. This slippery slope did not live up to that reputation. Much to my dismay I had to pull with my legs every few feet when I would come to a stop. Pulling and pushing with the pole I finally made it to the split rail fence and safety. Thank goodness for the warm layer of long underwear I had on under my corduroy pants!

SPRING

By Ruth S. Williams

Spring, Spring, where have you been?

When are you coming to stay?

Spring, Spring, oh please come in.

I wish you would come today.

Some like the cold and the snow

So they can skate and ski,

But I wish winter would go.

This weather is not for me.

So I'll turn up the heat,

Pile on warm clothes,

Make hot soup to eat,

And massage my cold toes.

I'll wrap in a wool blanket,

Read a spooky mystery,

Play a Video Cassette,

And watch my new DVD.

Then I'll pick up the telephone

And book a trip to Sierra Leone

Where it is hot.

A lot. .

MY NEW DIGS

By Robert Herrmann

I had lived in Cluster C-17 for seven years and thought that this was as close to heaven as I would ever get. But my family, my doctor, and many of my friends thought that there was a better place for me: one where they offered assisted living, and that was Taylor Hall. However, I refused to move despite the fact that I had fallen out of bed twice, breaking a rib in one of the falls, and could no longer walk or stand up without assistance. Finally the children convinced me by telling me that they could not sleep peacefully because they worried about my falling out of bed. Fortunately I saw an apartment in Taylor that was just painted and had a balcony overlooking a beautiful view of the woodland trail. I loved it, signed up immediately, and moved in. What I am about to describe is a metaphor about my new "digs."

I am writing from my new "Digs" aboard a cruise ship, the "S.S. BROADMEAD" moored in the Cockeysville, Maryland area. I have a nice stateroom (#T316) with my own furniture, pastel portraits of Leith and Wes, scenes that I painted with a palette knife, electronic gear such as tv, computer, reading machine, and microwave, and a balcony complete with a holly tree that was decorated with Xmas lights in December overlooking a beautiful scene of woodlands. Although my cruise ship doesn't move, I can take side trips to interesting parts of the countryside as one might do with any cruise ship. For example I took a side trip to Lancaster, Pennsylvania, in November to visit the Amish people and have lunch in an Amish farm house served by an Amish family. The children even sang carols to us. Another side trip is a monthly visit to the Baltimore Symphony on a bus provided by the S.S. Broadmead. A highlight of my side trips was the wedding of my granddaughter, Charlotte, to Richard Ilczuk in September in the St. Paul's School Chapel in Brooklandville, MD.

We have a swimming pool, two restaurants that serve gourmet food on Sundays, omelets made to order on Wednesday mornings, and a coffee shop that provides room service if we are ill. My bed is made every morning by a nurse's aide, and complete medical services, including prescriptions, are provided.

For entertainment we have movies twice a week in the auditorium, plus lectures and play readings by residents every month. Some of the plays are written by residents. I write essays that I read at the writers' group that meets weekly, and I attend an art class here. I am learning to paint with a palette knife. We have an opportunity to display our creative ef-

forts in periodic art shows. We can also create ceramics in two kilns in our ceramic gallery. For those of us who like music we have a concert in the auditorium many Sunday afternoons.

Fortunately I have no major responsibilities other than taking my many medications.

I like my new "Digs" aboard the S.S. BROADMEAD and look forward to spending happy years aboard her.



A SALUTE TO JEANETTE ROYSTON

From Her Friends at *The Voice*

All who know her are of course deeply saddened by Jeanette Royston's need to give up all of the roles she has played so well and enthusiastically here at Broadmead. For those who may not know, Jeanette has headed up Sew and So, chaired the New Year's Eve party – and further spiced up that party with her endless store of humor, - handled the money for the Barn Sale, and, of course, been an important part of the working force here at *The Voice*.

Jeanette: We love ya and we're going to miss you like crazy. And we're putting this in *The Voice* now so that you can get to see it.

OPEN FORUM PROGRAM

By Sonia Blumenthal

In the Auditorium at 7:00 p.m.

Friday, March 6th.

"A Portrait of Today's Immigrant Woman"

Speaker: Dr. Elizabeth Clifford, Associate Professor of Sociology, Towson University

Friday, March 13th.

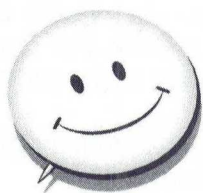
"Single Payer Health Care"

Speaker: Margaret Flowers, M.D., Pediatrician.

Thursday, March 26th.

"Perspectives of the Muslim Community in the U.S.: Opportunity for Dialogue"

Speaker: Imam Mohamad Bashar Arafat, President, Islamic Affairs Council of Maryland; Founder, Civilizations Exchange and Cooperation Foundation.



BROADMEAD WELCOMES

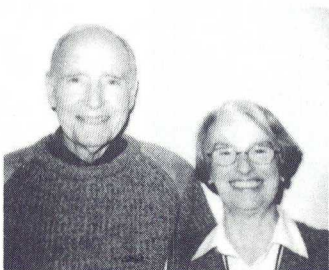
*By Nancy Allchin
and Bobbie Kottler*

Chace and Helen (Shaw) Davis.

B7 443-578 8212

January 2009

Helen Davis spent much of her childhood in South America, living in Argentina or Chile while her father worked there for Kodak. She later returned home to the U.S. and attended Goucher College. Chace Davis attended Friends School in this area and then went to Dickinson College where he later taught history and served as the Director of Admissions. He then made a total switch of careers and partnered with a friend to form the brokerage firm of Chapin Davis in Baltimore. The Davises have four children: a son and three daughters, one of whom lives close by, just up York Road in Parkton.



Maurice and Pamela (Kennedy) Langham

W6 443-578-8218

February 2009

The Langhams are originally from England and have lived in the Baltimore area since 1959 when they came to the States from London. Pamela had met Maurice when she was a secretary to the Queen's ophthalmologist in England, and Maurice was involved in studies of the eye. Dr. Langham came to Hopkins as Director of Research at the Wilmer Eye Institute. He has just published a book on micro-circulation in the eye and the brain, and intends to further spread his knowledge and research through the recently-established Langham Chair at Hopkins.

Pamela devotes her time to her many friends here and friends back home in England. The Langhams have four daughters, one of whom lives here in Baltimore.



Moncure and Edwina (Gonzalez) Lyon

F7 443-578-8224

February 2009

It's easy to see how Moncure Lyon became known as "Monty", but Edwina has been called

"Tot" for more years than she can remember. So when you meet this new couple they'll be happy if you refer to them as Monty and Tot from Virginia. Monty grew up working on his father's farm in Northern Virginia until he joined the Army Air Force during World War II. While stationed in Florida he met Edwina. His Army career flying B-25's led them to many places after the war. Edwina especially liked the six years they lived in Japan before they moved back to Reston, Virginia, where they lived for 30 to 40 years. There are three children in the family: a son and two daughters.



The Lyons' recent move to Broadmead has brought them closer to some of their family. Monty's sister is Fan Whitman, a resident here; and Beau Pearre is Monty's cousin.

Agnes (Jones) Montalbano

B5 443-578-8216

February 2009

Agnes is from Baltimore. She went to high school and college here at Notre Dame, and if you want to know something about the Broadmead surroundings, just ask Agnes. In Broadmead's early days Agnes was the switchboard operator when the switchboard was located on the main floor. Later she was moved to the Maintenance building and for 20 years answered the many calls from Broadmead's residents for a Mr. Fixit. Agnes was the one to thank when the problem was solved. Now, as a resident, she must make her own calls to Maintenance to get her B-5 apartment problems solved. Agnes has children and grandchildren who are all close by.



Thomas and Marilyn (Black) Nuttle

W7 443-318-4736

February 2009

Tom and Marilyn are the first residents in Cluster W! Marilyn is no stranger to Broadmead however, as her parents lived here when Broadmead was opened 30 years ago. Both were born and raised in Baltimore: Marilyn attended Bryn Mawr and Goucher, Tom went to Poly and then to Cornell and Duke.



Tom was an engineering major. He first

worked for the Harry T. Campbell Co., continued there through a number of organizational changes, and retired as president of the Genstar Stone Products Co. The Tuttle have a son and two daughters, and four grandchildren.. Marilyn spent 12 years working at a nursery school teacher after their children were grown and has volunteered for Meals on Wheels for 20 years and also for Paul's Place. Tom's favorite sport is lacrosse; as a father he enjoyed coaching the younger generation. Other volunteer work included chairing the boards of Goucher and Good Will.

William and Adrienne (Kreyer) Toland

E-12 443-578-8215 January 2009

Editors note: Tragically, Bill Toland passed away in little over a month after moving in with us, and our deep condolences go out to Adrienne. But in the interest of continuity we present here their welcoming article as written.

Adrienne graduated from Smith College with a degree in education and taught sixth grade at Garrison Forest here in Baltimore. After finishing at Friends School here and Hampden-Sydney College in Virginia, Bill joined his family's business which has been making industrial cutting tools in the Fells Point area since 1845. Eventually the business needed a bookkeeper and Adrienne joined it too.



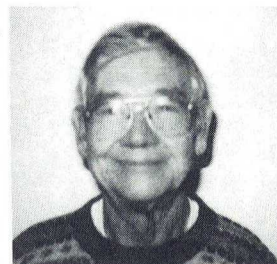
The Tolands have two children: a son who now has taken over the family's long-time business, and a daughter, and four grandchildren. Having grown up among the tools manufactured around him, Bill naturally fell into the hobby of using these cutting tools to make some of the furniture in their apartment; He (would have been) pleased to show you his model of a Chesapeake Bay oyster "buy boat."

Benny Villalobos

Q-11 410-229-9837 January 2009

"Ben," as he likes to be called, has joined Nancy Henley in Q-11. Born in Texas, he spent the first 17 years of his life as a cowboy, also managing to become a champion tennis player while in high

school. The family moved from the wide open spaces of Texas to Los Angeles which he says was crowded with people, buildings, and automobiles. He came to the east coast a few years ago and has adjusted very well to the changes in his environment though not totally used to the weather.



Ben served in the Korean War, then took courses to learn machine operation.. He employed his skills as a precision machinist, working on aircraft parts and the building of the space shuttle. Many of us know Ben from his help at the barn sales, and he now joins the appliance repair group.

"YEARS WITH EXXON"

By Ted Wilson

On Saturday, February 7, Ralph Partlow spoke at the Men's Social Hour about his 30 years with what now is ExxonMobil. With a degree in Industrial Engineering from Virginia Tech he was well-prepared to enter a training program with Esso Standard Oil, a fully-integrated company involved in exploration, production, transport, and marketing. It served primarily the east coast states, selling to gas stations, aviation and trucking industries, and home owners.

As he gained experience he was promoted to positions of greater responsibility as a construction and maintenance engineer and as an Industrial Sales Manager with supervision over increasingly large areas of the country as the corporation expanded its influence westward. Of course, there were economic ups and downs and competition from such companies as Gulf, Shell, and Mobil. This latter organization joined forces with his to become ExxonMobil which Ralph described as a very well-run corporation which was sensitive to environmental concerns as it explored new sources of fossil fuels.

We automobile owners may tend to think of ExxonMobil only in terms of gasoline and oil, but it is a major producer of a variety of industrial lubricants, liquid asphalt for roads, and a host of petrochemicals in common use. And to deliver these products to consumers requires a vast network of tankers, pipelines, and trucks.

BALTIMORE JEWISH HISTORY: DEBORAH WEINER, Ph. D.

By Jonas Rapoport

Dr. Deborah Weiner presented a very interesting lecture on the history of the Jews of Baltimore. The first Jew of record to live in Baltimore, which didn't exist until 1729, was Jacob Hart who in 1768 signed his name to a petition. In 1773 Benjamin Levy opened a shop on Market Street, selling liquors, fancy groceries and dry goods. He and his wife, Rachel, and their four children constituted the first Jewish family in Baltimore. The real beginning of Baltimore Jewish history began in the 1780's when widow Shinah Etting and her five children moved to Baltimore where she opened a boarding house, "for gentlemen", on Market Street. Her sons Solomon and Reuben established the Ettings as one of the prominent Jewish families. By 1786 there were thirty Jews living in Baltimore.

In 1803 widow Judith Cohen moved here with her children, and her sons, Jacob and Benjamin, joined the Etting brothers as civic and business leaders and were among the incorporators of the B & O Railroad. Jacob Cohen ran a lottery, which was one of the ways the State of Maryland funded its operations as there was no income tax then. (What comes around goes around!) Two Cohens and an Etting were among the American forces at the battle of Ft. McHenry. However they could not hold public office because only Christians could take the oath of office. Solomon Etting petitioned the General Assembly to change this but it took 30 years before the "Jew Bill" was passed in 1826.

The Baltimore Jewish population began to grow in the 1820's with a large influx of German Jews leading to the founding of the then orthodox Baltimore Hebrew Congregation in 1829. The first ordained rabbi in America, Rabbi Abraham Rice arrived in Baltimore in 1840 and in 1845 the congregation built the Lloyd Street Synagogue. This was too traditional for some, so a group started the first reform congregation, Har Sinai, meeting at Moses Hutzler's home in Fells Point.

Baltimore Hebrew continued on its path to Reform Judaism so that by the 1870s the remaining traditionalists formed the Chizuk Amuno congrega-

tion. These German Jews had been merchants and manufacturers in Germany and brought their skills to America. At this midpoint of the 19th century several developments came together to help Baltimore flourish. The invention of the sewing machine around 1840, the B. & O. Railroad completion in 1853 and the North German Lloyd Steamship Line partnership with the B. & O., an increase in German immigration, as well as the expansion to the West all led to Baltimore becoming a leading port and garment manufacturing city. Moses Hutzler's son, Abraham, set up his small general store on Howard Street joining other merchants in the Lexington Street area.

Baltimore's first "palace" department store was opened in 1886 on Eutaw Street by Joel Gutman and two years later Hutzler Brothers reopened on Howard Street solidifying this retail shopping area. By 1910, Hochschild Kohn, and the Hub, owned by the Hecht family, opened.

As they prospered, the families moved to Eutaw Place, and their congregations followed, and this migration Northwest has continued today. They assimilated and became American Jews, active in civic life. In 1904 Isidor Rayner was the first Jewish United States Senator elected from Maryland. He served two terms.

In 1881 a wave of pogroms in the Russian empire spurred the Great Migration of East European Jewry to America. The Jewish population of Baltimore grew from 10,000 in 1880 to 24,000 in 1890. In 1905 Henry Sonneborn built the largest men's clothing factory in the world at Paca and Pratt Streets.

These Eastern European Jews settled in East Baltimore and the area around Lombard Street became their market area. Small synagogues developed as well as various helping organizations such as the Hebrew Free Loan Society, the Jewish Orphans Society and cultural services such as the Yiddish theater and newspapers, etc. There were conflicts between the German and the Russian Jews culturally, socially and relative to employment, leading to labor conflicts and the formation of Garment Workers Unions.

Henrietta Szold, the 29 year old daughter of Rabbi Benjamin Szold opened a night school at the turn of the century. This became a model for settlements around the country. She went on to found Hadassah, the largest women's organization in America and became one of the great

(continued on page 11)

(continued from page 10)

American Jewish leaders in the 20th century. Several institutions to help the immigrants developed with the cooperation of German and Russian Jews as The Jewish Educational Alliance and other organizations in the Lombard Street area. By 1907 there were 40,000 Jews living in Baltimore and the Russian Jews were beginning to advance financially, socially and in the city's political life.

Around this time 17 year old Jacob Epstein started the Baltimore Bargain House which became the nation's largest wholesale dry goods operation. (My maternal grandfather, who I am named after, was the buyer of European goods for the Bargain House.) In 1910 Jacob and Louis Blaustein began selling kerosene door to door. Their American Oil Company became one of the countries largest. Jacob was a major diplomat under Roosevelt and Truman, particularly with the Holocaust survivors and the development of Israel. The Epstein and Blaustein families have become major philanthropists in art, music and the community.

As the Jews became more prosperous and moved to the Northwest parts of the city they were restricted by anti-Semitism from settling in certain parts of Baltimore. Falls Road was the demarcation line. In more recent years there were many successful Jews who have left their mark on our community. Joseph Meyerhoff, the builder, The Cone sisters, Marvin Mandel, Ben Cardin and Barry Levinson, whose movies have brought the Baltimore Jewish community to the world. In 2001 the Baltimore Jewish community numbered 91,000.

Dr. Weiner invited us to visit the Jewish Museum of Maryland and learn more about the history of Maryland Jews.

ADVENTURES IN LEARNING

IRVINE NATURE CENTER

March 11, 18 and 25:

In the Auditorium at 10:30 a.m.

April 8:

Bus trip to Irvine, 9:30 a.m. - 12:30 p.m.

TERRORISM & ANTI-TERRORISM

April 15, 22, 29, and May 6:

Mr. Barry Leven,

Retired CIA analyst.

WEDNESDAY WORSHIP AT BROADMEAD

1st Wednesday every month at 10:30 a.m.

EPISCOPAL COMMUNION

Taylor East lounge – 3rd floor

Sponsored by Sherwood Episcopal Church
York Road, Cockeysville.

2nd Wednesday every month at 10:00 a.m.

CATHOLIC MASS

Taylor East lounge – 3rd floor

Sponsored by the Catholic Community of
St. Francis Xavier, Cuba Road, Hunt Valley.

3rd Wednesday every month at 10:30 a.m.

PRESBYTERIAN COMMUNION

Stony Run Activities Room, 3rd floor

Sponsored by Ashland Presbyterian Church.

VESPERS

by Randy McKechnie

Sunday March 15th at 4:00 p.m.

In the Lounge

The Rev. Charles L. Barton, Rector
St. James Church, Monkton, Maryland

All Come!

FRIENDS MEETING FOR WORSHIP

Sundays at 11:00 a.m.
Stony Run Board Room

OPERA CONNECTIONS

By Anne Allen B. Dandy

At age thirteen my mother took me to the Lyric to see my first opera. It was Bizet's *Carmen* and Rosa Ponselle sang the lead. Oh wow! That experience definitely turned me on.

Of course I had reluctantly been exposed to music. "Come down from that tree, Anne Allen, your piano teacher is here." I can hear mother pleading with me, a recalcitrant ten or eleven year old. Migles Hoffman was a dear family friend and saint. She even tried to teach her son Toby and me to play four hands. We ended up wrestling under the piano.

Saturday afternoon Metropolitan Opera broadcasts were an enlightening experience. Milton Cross was heard in the background telling the stories and introducing the singers. Although I was always rushing to join an outdoor activity, such as tennis, ice skating, etc., I definitely heard some of those now familiar arias.

Walter's transfer to a Munich army hospital after The Korean War provided new opportunities. Although I traveled alone with Carol, almost five; Walter, three and one half; and six-months-old Nancy, we were able to get out once we were settled in our new home because a lovely Australian, Betty Philpott, joined our household.

Our first opera there, Wagner's *Valkyrie*, the five hour production, was a challenge. Promenading during intermission helped survive the cold dark theater with uncomfortable chairs, dark stage and drab costumes. Leonie Rysanek's brilliant soprano voice soared above and enthralled and mesmerized us.

The volume of the men's chorus in *The Flying Dutchman* remains vivid indeed. Hans Hotter's baritone was spectacular.

During the years back home two highlights stand out. Maria Callas, singing the mad scene in Donizetti's *Lucia* that was performed in the fifties at the Old Met in New York, brought Walter and me to tears. Marilyn Horne's deep contralto in Handel's *Rinaldo* made an indelible impression some years later.

At the present time we mourn the loss of our Baltimore Opera Company. The worldwide simulcast of the Metropolitan Opera has proved a Godsend! Walter (always championing a good cause) has been arranging car pooling to Owings Mills to hear the broadcast of *Thais* with Renée Fleming and Angela Georghini with husband Roberto Alagna in Puccini's *La Rondine*.

Now at last we have a bus to transport Broadmead opera fans to *Lucia* starring Anna Netrebko on February 7th, and, on March 21st, *Somnambula*, starring Natalie Dessay.

Bravo!

MUSIC EVENTS

By Phil Schnering

In the Auditorium

Thursday, March 12th at 7:00 p.m.

LET'S SING

with Herb Merrick at the piano

Sunday, March 22 at 2:00 p.m.

4 HANDS AT THE PIANO

Featuring **Min-Chi Wu**, world renowned pianist and companion to be announced.

A rare treat to hear four hands at the piano (not like Victor Borge's style).

Sunday, March 29 at 2:00 p.m.

UNIVERSITY OF MARYLAND BALTIMORE COUNTY MUSIC MAJORS

In Recital

BALLET VIDEO

By Harry Blumenthal

Friday, March 27th at 7 p.m.

In the Auditorium

THE KIROV BALLET CELEBRATES NIJINSKI

Four short ballets:

Scheherazade – Rimski-Korsakov

Le Spectre de la Rose – Weber/Berlioz

Polovetzian Dances – Borodin

The Firebird – Stravinski



LET'S DANCE

By Ted Wilson

with the
George Hipp Trio

Monday, February 9th
at 7:00 p.m. In the Lounge,
Everyone welcome to dance
or just to enjoy the music.

FOOD SAFETY AND HEALTH RISKS

By Gretel D. Weiss

On February 5, 2009 Dr. Ellen Silbergeld, Professor of Environmental Health Sciences at the Johns Hopkins University Bloomberg School of Public Health, gave a talk at the Open Forum. Dr. Silbergeld conducts research that connects environmental and occupational exposures to health risks in human populations. She is eminent in her field; aside from her work at Johns Hopkins, she is on many advisory committees and has been recognized by Fellowships and has received many awards.

Dr. Silbergeld's talk at the Open Forum was a good example of the scope of her work. The issue of food safety is a very timely topic. At the moment the contamination of peanut butter is just one example, and there have been many others in the recent past. The United States has believed that our food supply is the safest in the world, but now there is much less confidence in the government's regulation of food safety. This change is not simply a matter of politics. The United States cannot order the removal of unsafe foods. Food regulation in the U.S. is 100 years old, and it has never been reformed. To put it simply, the system has not been updated even though agriculture has changed, and we do not eat the same foods we did 100 years ago. The notion of a bucolic beautiful family farm is still very much alive. Even though food production is now an industry from start to finish, we still believe in this fantasy image. Dr. Silbergeld's research focus at present is the raising of chickens. She pointed out that now the industry needs space only to put up buildings where the chickens are jammed together and thus are in very close contact with their waste in spite of the fact that the chickens are infected with various bacteria. The waste is used as fertilizer and is spread over wide areas. It also goes into irrigation water which explains why spinach was infected some months ago.

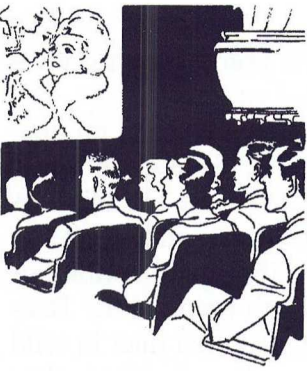
Chicken farming is now more restricted geographically; many more chickens are concentrated in a small area, from 50,000 formerly to 750,000 now. Delmarva, where chicken farming began, is now one of the most extensive areas. Ninety-five per cent of the chickens we consume are produced this way, and Purdue and Tyson are the most prominent producers. Aquaculture has also become industrialized and far outranks the use of wild fish. Fish has become a globalized food supply. Imports have been increasing but inspection has been going down. The regula-

tory agency set up one hundred years ago was never charged with inspecting the food supply.

Antibiotics are used widely in animal production. Eighty percent of antibiotics made go into animal feed in contrast to Europe where the use of drugs has been banned. But, Dr. Silbergeld pointed out, we should not blame the farmer for the use of antibiotics because he has no connection with production. Bacteria are much higher in agriculture fish than in wild fish because other fish are ground up for feed, thus turning agriculture fish into carnivores. Bacteria are common in organic chickens as well, but they are considerably lower. Who is in charge? Not the Government, says Dr. Silbergeld. The FDA's hands are tied; the main problem is production. Advice is directed at the individual, women particularly. They are the ones who have to be careful handling chickens in a clean kitchen. Dr. Silbergeld finds this offensive. The transmission of bacteria becomes a woman's fault. It is true that chickens have to be handled carefully, but that is not confined to women, and it is not a solution for a much larger problem. The heavy use of antibiotics in feed leads to an immunity to antibiotics in people, thus making the treatment of infections extremely difficult. Many local suppliers' products are not tainted, but they are only available to a limited number of people because they are not widely distributed, and they are more expensive.

Dr. Silbergeld feels strongly that there has to be a single food agency; the FDA is broken and cannot solve the problems. There has to be a single authority with oversight of all kinds of food supplies. The FDA has the power to pull pesticides off the market, but it does not have the power to move contaminated food supplies off the shelves. Thus we need an independent food safety authority, which exists in Europe but not in the United States. For example: we don't know what foods animals are fed. It is a trade secret and does not have to be disclosed.

It is clear that such an independent authority is needed, and there have to be international agreements which allow the inspection of foods imported from other countries. In 1906 Upton Sinclair wrote *The Jungle*, an exposé about the slaughtering of animals. The population was horrified, and citizens' pressure resulted in the founding of the FDA. But the FDA is 100 years old and does not meet the needs of today. Is there any reason not to do what was done in 1906 if we learn about the dangers in our food supply and are determined to do something about it?



BROADMEAD MOVIES

Tuesday movies

*By Priscilla Stieff
& Florence Platt*

Saturday movies by

*Jeanne Stephenson,
Dick Dunlop and
Ruth Sutherland*

March 3

APPALOOSA

The West was a dangerous place. Add a malicious land-hungry rancher, two hired gunmen and a beautiful widow of uncertain connections. This has a great script, clever dialogue, and unexpected humor. It shows a square jaw and a steely gaze, but also a smile and a wink. Ed. Harris, Vizzi Mortensen, Renee Zellweger

2008

Rated R

115 min.

March 7

ADVISE AND CONSENT

Henry Fonda stars as Robert Leffingwell, the president's hand-picked candidate for Secretary of State. A senate committee has been assigned to investigate the candidate's past, dredging up dirt and brewing a storm of scandal. Convincing performances by Walter Pidgeon, Franchot Tone and Charles Laughton. Also features Peter Lawford, Burgess Meredith, Gene Tierney, and the voice of Frank Sinatra.

1962

Not rated

138 min.

March 10

OCTOBER SKY

Homer Hickam, living in a West Virginia mining town, would rather reach for the stars (literally) than go under ground for coal. He and other friends set about crafting a rocket to compete for a science fair scholarship - and a change in their futures. Jake Gyllenhaal, Laura Dean, Chris Cooper

1999

Rated PG

108 min.

March 14

PICNIC

Hal, a handsome, egotistical drifter with an unfortunate family background, looks up a college friend in a Kansas town - and falls in love with Madge, his friend's fiancée. A memorable dance between Hal and Madge. William Holden, Kim Novak, Rosalind Russell and Arthur O'Connell.

1956

Not rated

113 min.

March 17

SHADOW OF A DOUBT

A Hitchcock film about a small town girl consumed with finding out whether her unhinged uncle is a serial killer. His arrival eases the girl's paranoia. Tension builds in a nail-biting scene aboard a speeding train. Joseph Cotton, Teresa Wright, Hume Cronyn. No subtitles.

1943

Rated PG

108 min.

March 24

HAMLET 2

With his department in danger of being cut out, a high school drama teacher encourages his students to write and produce a spoof satirical comedy, somewhat a sequel to Shakespeare's Hamlet. Sometimes funny, sometimes crazy, most of it amusing. A feel good movie, easy to enjoy.

2008

Rated R

92 min.

March 31

**WHEN DID YOU LAST SEE
YOUR FATHER?**

When his father becomes terminally ill, the son struggles to come to terms with the charming duplicitous man he really was. With flashbacks they are reliving their relationship. Civilized and smartly played. Jim Broadbent, Colin Firth

2007

Rated PG 13

92 min

SATURDAY NIGHT PROGRAMS

by Sue Schlenger

In the Auditorium at 7:00 p.m.

March 21 McAllen's Baltimore
Photos of the best of Baltimore

March 28 WW II Dance Demo
Goucher Dance Group

HITHER, THITHER AND YAWN

with Foxy Georgia

Heavens to Betsey! its groundhog day and our very own Lil' darlin' Broadmead Bill sez... don' make no matter if'n you see that shadow or not, it's gonna be more winter jes the same!

But who cares? there's been so much goin' on..who's to notice? We began with a remarkable evening with the Douglas choir, to remember the birthday of Martin Luther King. Some of us lucky folk had dinner with the members of the choir. and we all enjoyed the program... in particular, Fran Peterson, Jane Brown, Betsy Schrauder, Sybille Erlich and Margaret Cooke who were swinging and swaying with the marvelous singing.. who could resist? Bernard deserves great thanks for arranging the entire evening, along with the diversity committee.

Only the inauguration could top this evening, and while loads of us gathered in the auditorium to watch this moving event, and celebrated with cheers and champagne, others chose to watch at home, to witness in awe and to savor the moment without interruptions and distractions... Betty Simpson and Carolyn Huffman (she claims) made the front page of the Bel Air Aegis, photographed as they greeted Obama and Biden as the presidential train hesitated in Edgewood, Md...like Wow!! an unforgettable moment! !

Gotta back up a bit, 'cause somethin' must be said about that farewell party we all tossed for dear Pat Graham... Do believe we had a record crowd, as we all wanted to hug her and tell her how much she will be missed.. You know "Ole Nappy" said the army travels on its stomach and so does Broadmead, and Bernard again went all-out to make the party festive, with a spectacular ice carving and beaucoup goodies, with a hot fudge fountain to top it off, literally as well as figuratively. Trusty trustee Hank Kaestner, trustee John Michner, Sally Lyn and Bill Duff, Bobbie Dunlap, Jean and Janney Wilson, Tom and Nan Cockey among hundreds of others worked the crowd. Lynn Buck read a poem she wrote in a tribute to Pat, and Pat's very own gals in the finance dept gave a musical and lively tribute. (They are about ready to take their show to Broadway after the performance at Broadmead). Remember you saw it here first! BRA gave Pat a handsome crystal vaahse (gotta pronounce it that way, it is so splendid)--all

inscribed with words of appreciation, and then Broadmead came up with an equally handsome crystal pitcher also inscribed with honoring words... (Looked like a first-class martini pitcher)... What could be more delightful or useful?

Hey Kids.. Look out for Bob Davies. He's working up a documentary to show the Trustees what we do to keep the joint jumpin' and he might catch you when you least expect it... Will you show us the finished product? and who's taking your picture, ole boy? you're the "bizzest" one of us all !!

Long as we are telling about pictures,--- Bob Herrmann showed pictures taken in 2000 which he made to show his family what he was getting into.. We saw Nancy Rowe banding a blue-bird, with Dick Hutzler taking pictures of the action. We saw Margaret DuVivier in a hot bingo game.. We saw Sam Legg and his sister, Alicia. We saw that famous lacrosse star, Lorne Guild, dancing with Peg Brian.. We saw the rose garden in full bloom (Oh how we miss that!) We saw how smooth you guys looked in your jackets and ties - would that you would revert to that again.

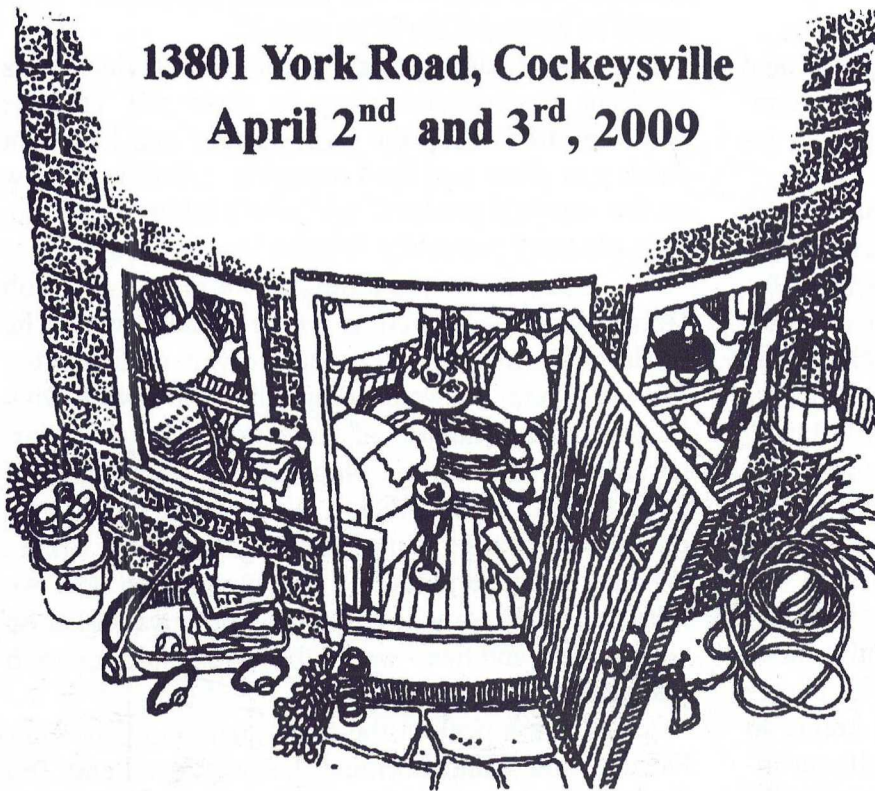
Took a peek at the temp quarters of the Hair Factory. and found Lorraine, Debby, Joyce and Ted the barber all packed in a sardine can, working their miracles on Bill Benson, Esther Powelson, Evie Coyle, Weezie Davis Marie Ewing, Rose Hijikata, Gretel Weiss Marge Rathsam and Louise Brown. The shoppe is also having a do-over and meanwhile these beautician-magicians are operating with great humor and calm, and great sportsmanship... Hats off to you guys! We can hardly wait to see the new look in the beauty nook!

Gotta give Sue Schlenger a large bunch of roses. She is giving us a wonderful series of programs, and of course the one on Georgia O'Keefe appealed to this ole Georgia, and speaking of Georgias, Georgia Erlbeck, that knitting wizard has got a lot of us in stitches, turning out sweaters for needy children in far-away places...want to cast one on?

Got one more nice thing to say, before the well runs dry.. Harry Blumenthal, that opera buff *par excellence*... has given us many wonderful nights at the opera (no Marx brothers); we really enjoyed the solemn with the light, and thanks for Die Fledermaus, from us all..

Guess you thought at last!, but its just this last...had fun with Mary Jo Campbell and her trip to Africa.. Never knew there are two kinds of zebras give up? Just ask her. So here's the stuff, had nuff?

BROADMEAD BARN SALE



13801 York Road, Cockeysville
April 2nd and 3rd, 2009

Thursday, April 2nd

7:30 to 8:30 a.m.
Employees, Trustees
and Residents ONLY

8:30 a.m. to 3:30 p.m.
OPEN TO ALL COMERS

Friday, April 3rd

9:00 a.m. to 12:30 p.m.
OPEN TO ALL COMERS

BAKE SHOP (Thursday only)

MEN'S and WOMEN'S CLOTHES,
(In the Auditorium & Lounge)

FLEA MARKET THIS 'n' THAT

CHINA KITCHEN WARES

FURNITURE APPLIANCES

GIFTS JEWELRY

BOOKS LINENS

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